

World Elder Abuse Awareness Day

2015 marks 10 years of raising awareness



10 TIPS to promote respect and prevent abuse

- 1** Love and cherish your older relatives/whānau.
- 2** Speak respectfully to older people/kaumātua.
- 3** Include older people/kaumātua in your social activities.
- 4** Phone or visit your older relatives/whānau.
- 5** Support older people/kaumātua to spend their money how they wish.
- 6** Encourage and support older people/kaumātua to make their own decisions.
- 7** Honour older people's/kaumātua's wisdom.
- 8** Enable older people/kaumātua to walk at their own pace.
- 9** Respect older people's/kaumātua's stories.
- 10** Seek advice from an Elder Abuse and Neglect Prevention Service when you think an older person/kaumātua is being abused or neglected.

Stop the abuse and neglect of older people

**World Elder Abuse
Awareness Day
15 June**

ageconcern.org.nz